

EYFS

Autumn	Spring	Summer
<p><u>Meet your brain:</u> Brain, Team H-A-P, Hippocampus, Amygdala, Prefrontal Cortex.</p> <p><u>Celebrate:</u> Love and Kindness, Bravery and Honesty, Exploring and Learning, Teamwork and Friendship, Love of Learning.</p>	<p><u>Appreciate:</u> Appreciate, Grateful, Thankful.</p> <p><u>Relate:</u> Relate, Get Along, People.</p>	<p><u>Engage:</u> Activity, Believe, Achieve, Happy Breathing.</p>

Year 1

Autumn	Spring	Summer
<p><u>Meet your brain:</u> Recap on previous year group words, Cells, Happy Breathing, Neuroplasticity, Big Emotions</p> <p><u>Celebrate:</u> Recap on previous year group words, Character Strengths, Love of Life and Our World, Unique, Special.</p>	<p><u>Appreciate:</u> Recap on previous year group words, Gratitude Wheel, Experiences, Attitude of Gratitude, Neuroplasticity</p> <p><u>Relate:</u> Recap on previous year group words, Active Listening, 'Stop, Understand and Consider'</p>	<p><u>Engage:</u> Recap on previous year group words, Engage, Goal, 'Feel Good, Do Good,' Believe to Achieve, Habits</p>

Year 2		
Autumn	Spring	Summer
<p><u>Meet your brain:</u> Recap on previous year group words, Brain Cells, 'Fight, Flight, Freeze.</p> <p><u>Celebrate:</u> Recap on previous year group words, Strength Spotting, Neuroplasticity, Grow</p>	<p><u>Appreciate:</u> Recap on previous year group words, Appreciate, Grateful, Thankful, Wheel of Gratitude.</p> <p><u>Relate:</u> Recap on previous year group words, Friendships, Relationships, Differences</p>	<p><u>Engage:</u> Recap on previous year group words, Goal Setting, Habits</p>
Year 3		
Autumn	Spring	Summer
<p><u>Meet your brain:</u> Recap on previous year group words, Mind, Focus, Neuron, Neural Pathway, Oxygen</p> <p><u>Celebrate:</u> Recap on previous year group words, Genetics</p>	<p><u>Appreciate:</u> Recap on previous year group words, Dopamine.</p> <p><u>Relate:</u> Recap on previous year group words.</p>	<p><u>Engage:</u> Recap on previous year group words, Perseverance, Resilience.</p>

Year 4		
Autumn	Spring	Summer
<p><u>Meet your brain:</u> Recap on previous year group words, real danger, perceived danger, trigger.</p> <p><u>Celebrate:</u> Recap on previous year group words.</p>	<p><u>Appreciate:</u> Recap on previous year group words, Domino effect.</p> <p><u>Relate:</u> Recap on previous year group words, perspectives.</p>	<p><u>Engage:</u> Recap on previous year group words.</p>
Year 5		
Autumn	Spring	Summer
<p><u>Meet your brain:</u> Recap on previous year group words, cortisol</p> <p><u>Celebrate:</u> Recap on previous year group words, Wisdom, Courage, Humanity, Justice.</p>	<p><u>Appreciate:</u> Recap on previous year group words.</p> <p><u>Relate:</u> Recap on previous year group words.</p>	<p><u>Engage:</u> Recap on previous year group words.</p>
Year 6		
Autumn	Spring	Summer
<p><u>Meet your brain:</u> Recap on previous year group words.</p> <p><u>Celebrate:</u> Recap on previous year group words, Temperance, Transcendence, Virtues.</p>	<p><u>Appreciate:</u> Recap on previous year group words.</p> <p><u>Relate:</u> Recap on previous year group words.</p>	<p><u>Engage:</u> Recap on previous year group words.</p>